

PRESS RELEASE

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Cold Weather Prompts City Health Officer Advisory

A storm system is expected to arrive into the Long Beach area this weekend or early next week, bringing temperatures 15-20 degrees below normal, gusty winds, and rainfall. Current weather forecasts indicate that this cold, wet weather could last for about 6 days.

City Health officials are reminding residents who lack central heating to use safe methods for heating their homes during this cold spell. Carbon monoxide poisoning is a potentially deadly condition which is caused by a colorless, odorless gas that results from burning fuel, wood or charcoal. Anybody experiencing the symptoms of carbon monoxide poisoning, which include nausea, dizziness, confusion, headaches or loss of consciousness, should seek medical attention immediately. To avoid carbon monoxide poisoning:

- Do not use an oven, stove, charcoal grill, camp stove or other gasoline-burning device indoors for heating
- Ensure that your fireplace is well-ventilated
- To reduce the risk of fire due to portable heaters
- Keep a portable heater at least 3 feet away from things that could burn, including furniture or rugs
- Turn off space heaters before leaving your home or going to bed

Homeless individuals are encouraged to make use of the City's Winter Shelter to avoid exposure to the cold conditions. Pick-up times and locations for transport to the shelter are listed below. Opening of the Winter Shelter during daytime hours will be considered on a day-to-day basis. For more information on the Long Beach Winter Shelter Program, call (562) 852-6829.

Winter Shelter Pick-up & Drop-off Locations/Times:

Long Beach Winter Shelter			
Transportation Point:	Pick-up Address:	<u>Pick-up Departure Time:</u>	<u>Drop-off Arrival Time:</u>
Channel Street Park and Ride	110 Underpass & Channel Street, San Pedro, CA	4:30PM	8:00 AM
Long Beach Multi-Service Center (Monday-Friday Only – excl Holidays)	1301 W. 12th Street, Long Beach, CA	5:00 PM	7:30 AM
1 st Congregational Church (Courtyard – Do not arrive before 5 PM)	241 Cedar Ave. Long Beach, CA	5:30 PM, 6:00 PM, 6:30 PM Or Until Shelter is Full	6:30AM, 7:00AM